

INCLINE SHOULDER PRESS
JNRS-3030

- ◆ The Incline Shoulder Press helps target all 3 deltoid muscles while maintaining correct form.

- ◆ **DIMENSION:**
Length : 80 inches / 203 cms
Width : 58 inches / 147 cms
Height : 56 inches / 142 cms
Weight Stack : 165lbs / 75kg

- ◆ **MUSCLE WORKED:**
Deltoids Triceps

